



Get Involved With Your Child's Education

Parents want what's best for their children. All parents can do one thing to help their children succeed — become involved with their education.

Start with the basics

- Children learn better when healthy and well rested. Make sure your child gets enough sleep, eats properly and has up-to-date medical and dental checkups.

Be a positive role model

- The values you instill in your child are much more important in determining academic success than family income or educational background.
- Let your child know how important education is. Share your high — but realistic — expectations for your child's future. Praise your child's effort.

Get involved at school

- Attend parent-teacher conferences or arrange a phone conference — contact

your child's teacher to help accommodate your schedule.

- Plan to attend school activities.
- Volunteer at school and join a parent advisory committee or parent-teacher association.

Encourage learning at home

- Limit TV and encourage educational programs.
- Make homework a part of the daily routine.
- Find ways to incorporate reading and writing into daily activities.
- Visit the library and look for after-school and summer programs in your community.

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(800) 700-8646

