

Humana Military Begins new Heart Failure Disease Management Program

Louisville, KY – June 25, 2005 – Humana Military Healthcare Services (HMHS), a wholly owned subsidiary of Humana Inc., announced today the beginning of a Heart Failure Disease Management Program for approximately 8,000 TRICARE beneficiaries in South Carolina, Georgia, Florida, Alabama, Tennessee, Mississippi, Louisiana, Arkansas, Oklahoma and Texas.

Under the program, selected TRICARE patients with a history of heart disease will be contacted by a registered nurse who, working with managing physicians, will identify problems, establish goals and monitor those goals through regular follow-up. Patients will also be able to contact their assigned nurses to review treatment plans and to get answers to questions that arise as treatment is administered.

“The program’s goal is to improve the patient’s symptoms, their functional abilities and their over-all quality of life by closely monitoring their treatment program and their regular activities,” according to Dr. John Crum, MD, Humana Military’s Chief Medical Officer. Dr. Crum also noted, “This is a program that has one purpose and one purpose alone – to help patients deal effectively with a very serious medical condition.”

The new disease management unit will be based in Louisville, KY. Access for patients and physicians will be available through a dedicated toll-free telephone number.

Rose Mary Royalty, director of the program, stated, “Humana Military Healthcare Services looks forward to having a positive impact on the quality of life for members of the military community affected by heart disease. She continued, “Numerous studies have shown that regular, targeted involvement of medical professionals in the care regimen leads to slower progression of heart disease and better understanding what patients can do to help themselves.”

Participation in the program will be strictly voluntary. Patients will be identified and contacted on the basis of their medical history. Those who join the program will receive a special packet of materials, including a “Heart Failure Self Management Guide” to assist in monitoring symptoms and prescribed treatments. Humana nurses will also contact their physicians to coordinate participation.

Providers throughout the South, including those located in military hospitals and clinics, are encouraged to let their heart failure patients know about this beneficial program and to contact Humana Military at 1-800-444-5445 to get more information.

About HMHS

Humana Military Healthcare Services, Inc. (HMHS) is the Managed Care Support Contractor (MCSC) for the TRICARE program in the South Region. TRICARE is the healthcare benefits program for active duty and retired military personnel and their families – including all seven of the federal governments’ uniformed services. HMHS administers the program for over 2.7 million military beneficiaries in 10 states in what are known as the Southwest, GulfSouth and Southeast markets. HMHS also administers the TRICARE Prime Call Center in Puerto Rico. HMHS has been operational and active in the TRICARE program since 1996.

About Humana

Humana Inc., headquartered in Louisville, Kentucky, is one of the nation’s largest publicly traded health benefits companies, with approximately 7 million medical members located primarily in 15 states and Puerto Rico. Humana offers a diversified portfolio of health insurance products and related services – through traditional and consumer choice plans – to employer groups, government-sponsored plans, and individuals.

Over its 44-year history, Humana has consistently seized opportunities to meet changing customer needs. Today, the company is a leader in consumer engagement, providing guidance that leads to lower costs and a better health plan experience throughout its diversified customer portfolio.

More information regarding Humana is available to investors via the [Investor Relations](#) page of the company’s web site, including copies of:

- Annual report to stockholders;

- Securities and Exchange Commission filings;
- Most recent investor conference presentation;
- Quarterly earnings press releases;
- Audio archive of most recent earnings release conference call;
- Calendar of events (includes upcoming earnings conference call dates, times, and access number, as well as planned interaction with institutional investors);
- Corporate Governance Information

FOR MORE INFORMATION, CONTACT:

Dr. John Crum, MD

Chief Medical Officer

Humana Military Healthcare Services, Inc.

VOICE: 502.580.4005

EMAIL: jcrummd@humana.com

[Back to Top](#)

[Home](#) | [Contact Us](#) | [Privacy](#) | [Terms of Use](#) | [Partner Login](#) | [Newsroom](#) | [About Humana Military](#) | [Humana Veterans](#) | [Search](#)
□ Copyright 2009, Humana Military Healthcare Services Inc., administrator of the Department of Defense TRICARE program.